



THE  
**SHIP INN**

# MENU

Please advise a member of the Ship Inn team about any dietary requirements before your meal

**ALLERGENS:** 1 = Dairy, 2 = Nuts, 3 = Peanut, 4 = Crustaceans, 5 = Fish, 6 = Mollusc, 7 = Soya, 8 = Celery, 9 = Eggs, 10 = Gluten, 11 = Sesame, 12 = Mustard, 13 = Sulphur, 14 = Lupin

Should you require alternatives due to dietary requirements, please do not hesitate to ask as we would be more than happy to accommodate your requirements

## Starters

### Soup of the Day (10)

Served with sourdough bread

### Tuna Melt on Sour Dough Bread (1,5,10,12)

Served with rosemary & garlic fries

### Falafel Flat Bread (10,13)

With beetroot chutney, chickpeas, compressed cucumber & tomato concasse, finished with pea shoots

### Flamed Mushrooms (1,9,10)

With tarragon cream, served on sour dough toast & finished with fried duck egg

### Halloumi Frites (1,9,10,12,13)

With sriracha mayonnaise & heritage tomato salad

### Balti Scotch Egg (9,10,13)

With tomato, chilli & mango salsa

### Cod Goujons (5,9,10,12)

Golden fried cod, lemon aioli, crispy salad leaves

Starter

Main (with rosemary & garlic fries)

## Desserts

### Salted Caramel & Honey Cheesecake (1,10)

With ginger biscuit base & salted caramel sauce

### Traditional Apple Pie (1,10)

Simply served with vanilla ice cream or custard

### Sticky Toffee Pudding (1,10)

Clotted cream or vanilla ice cream & sticky toffee sauce

### Selection of Ice Cream/ Sorbet (1,10)

### English & continental cheese & biscuits (1,8,10)

## Mains

### Bourbon Marinated Sirloin Steak (1,13)

£7.50

Served with chunky chips, tomato, mozzarella & rocket salad

£24.95

### Grilled Plaice (1,5)

£9.95

With new potatoes, caper & lemon butter & seasonal vegetables

£19.95

### Beef Mushroom and Gorgonzola Pie (1,9,10,12)

£9.50

Slowly braised shin of beef with mushrooms & Gorgonzola cheese in suet pastry with gravy, mashed potato or fries served with seasonal vegetables

£18.95

### Buttermilk Fried Chicken Burger (1,9,10,12,13)

£9.50

Honey, whole grain mustard mayonnaise, baby gem lettuce, plum tomato, pickles served in a sour dough beer bun with apple & fennel slaw, rosemary & garlic fries

£18.95

### Double Beef Burger (1,10,12,13)

£7.50

With cheese, baby gem lettuce, plum tomato, pickles, crispy smoked bacon, sriracha mayonnaise served in a sour dough beer bun with rosemary & garlic fries

£18.95

### Sweet Potato Gnocchi (1,2,10)

£8.50

Sautéed butternut squash, crispy kale, feta cheese & toasted hazelnuts

£16.95

### Caesar Salad (1,5,9,10,12)

£8.95

Cos Lettuce, croutons, olives, anchovies & crispy pancetta, garlic Caesar dressing, finished with parmesan shavings

£15.95

£14.50

Add garlic king prawns (4) or succulent chicken breast

£5.00

### SIDES - £4.95 each

\* Rosemary & garlic fries (2,12)

\* Halloumi fries (1,9,10)

\* Parmesan & truffle oil fries (1)

\* Heritage tomato salad (13)

\* Tender stem broccoli with garlic & chilli

\* New potatoes

\* Chunky chips

*Herm Island*  
Life from a fresh perspective