



THE
SHIP INN

BREAKFAST MENU

*Please advise a member of The Ship Inn
team about any dietary requirements before
your meal*

Breakfast menu served from 9am till 10.30am

American Pancakes £9.95

With crispy bacon and maple syrup
Fresh fruit, honey and Greek Yoghurt
Hazelnut praline

Bircher £7.95

Rolled oats and sultanas soaked in apple juice topped with berries and seeds

Acai Bowl £7.95

Fresh berries, granola, seeds, nuts, berry coulis and Greek yoghurt finished with Honey

Full Traditional or Vegetarian English Breakfast £11.95

Sausage, Bacon, Grilled Tomato, Mushrooms, Hash Brown, Baked Beans, Fried Bread
and choice of Fried, Poached or Scrambled Egg

Toasted English Muffin or Sour Dough £9.95

Topped with
-Sauteed Mushrooms
-Grilled Tomatoes
-Parma Ham and Poached Egg with Hollandaise
-Smoked Salmon with Poached or Scrambled Egg
-Avocado and Poached Egg
Poached Natural Smoked Haddock with Poached Egg

Omelette £9.50

Plain or with a choice of ham, tomato, peppers, onion, cheese, smoked haddock, crispy bacon

Breakfast Sandwich served from 10.30 till 11.30am

Grilled bacon sandwich £6.50
Oven baked pork sausage sandwich £6.50
Fried egg sandwich £5.50

Choice of White/Brown or Gluten Free Bread
Add bacon or sausage +£1.50
Add egg +£1.00

Freshly baked butter croissant £2.00

Herm Island
Life from a fresh perspective